

Details of the services funded through the grant.

Dementia Support Service

A Dementia Support Workers provide a one to one service for people living with dementia and /or family carer. From the point of diagnosis and for as long as is necessary to support and advise those persons in the identified matters and outcomes related to their journey with dementia. Once these identified outcomes are met, the case may be closed. Although people may re-engage with the society, usually following a deterioration in condition or changes within family carer circumstances.

A Dementia Support Worker will usually visit the client in their own home although occasionally a family member/carers may request a meeting away from the home, so that they may talk more freely about their situation. Although a direct causal effect cannot be proved, it is believed that the service supports the good performance of the Council compared to comparable areas with fewer dementia support services, in ensuring timely discharge from acute care.

As of December 2018, the active case load was 124. There is a constant churn of cases, with 165 new referrals taken on by the service since April 2017. The largest number of referrals to the Dementia Support Service come from NHS bodies, but referral is not restricted to professionals. Anyone who is affected by Dementia can refer to this service as illustrated below:

Snap shot source of new referrals to Support Workers (October to December 2017)

New Referrals Source Oct – Dec 2017	Total
Self-Referral	7
SAIL and voluntary sector	21
From other services of the Alzheimer's Society- not funded through this grant	5
NHS Community Mental Health Team	4
NHS Kings College Hospital Memory Clinic	3
NHS Primary care and other Health ie district nurses	16
NHS SLiMS (SLaM)	18
Council Occupational Therapy	2
Council Social Workers	2
TOTAL NEW REFERRALS	78

Each quarter the Alzheimer's Society provides activity details, enriched by case studies identifying the outcome of the interventions made for specific individuals. This evidences support is being provided in a wide range of areas:

- **Practical** (for example powers of attorney, housing and benefits)
- **Healthy living** (for example information on the disease, activities, social isolation)
- **Emotional** (for example support groups, peer support, informal and formal counselling)

- **Multi Disciplinary Working** working with social care and health teams (for example in areas such as assistive technology, safeguarding, primary and secondary health care, liaison with the memory services)

A considerable emphasis of the service is working with the person living with dementia whilst concurrently supporting /advising their family/carer. The majority of people supported are frail elderly, which is consistent with demographic profiles. Given the challenges of limited mental capacity and behavioural issues for many of the clients, achieving the outcomes can often take longer than they do for a comparable cohort of older people but living without the condition. The age profile of the caseload as of December 2017 is set out below:

55-64	65-74	75-84	85+	Not known	Total
15	17	44	21	27	124

Unknown" "Date of Birth" was not routinely recorded in the past, but is now and being retrospectively inputted onto case files.

For 39 of these cases, the support is being provided to the family carer, in a bid to maintain the caring relationship and keep the person living with dementia in the community.

Consistent with the recent increase in diagnosis rates from people from BME communities recorded by SLAM as set out in the body of the report, the ethnic make up of the Support Worker caseload is disproportionately made up of people from BME communities, with significant representation from the African and Caribbean communities (Although there is a significant proportion of people chose not to, or lacked the mental capacity to disclose their ethnicity).

Ethnicity of people supported by the Support Workers																		
Asian					Black or Black British		White			Mixed				Arab	Other		Total	
Bangladeshi					African		British			White & Asian				Arab	Other Ethnic Group	Not to say		
Indian					Caribbean		Irish			White & Black African								
Pakistani					Other Black background		Gypsy//Irish Traveller			White & Black Caribbean								
Chinese							Other white Background			Other mixed background								
Other Asian							Other											
					11		26			1					4	45	124	
4					17		4			5								
2																		

The Daffodil Dementia Café

The café provides a support and activity group located at The Green Community Centre, Nunhead, and provides a weekly meeting place for people with dementia, their family, friends and carers. The group offers a varied programme of activities to promote wellbeing, social inclusion and other activities to stimulate and support attendees.

The activities are co-ordinated by sessional workers and volunteers, who work with a wide range of partner stakeholders) For example, theatre groups, solicitor practices - giving talks on powers of attorney etc).

This was the sole café operating until recently and as such is more established than the Primrose Café (See below) On average 24 people attend the cafe. The age group for this service is slightly younger and by definition, as the event is held in a third party venue, they tend to be less housebound than people who use the Support Worker Service. Likewise the age profile is slightly younger as set out below:

55-64	65-74	75-84	85+	Not known	Total
5	6	6	2	5	24

The ethnic background of the cohort has a higher proportion of white attendees and as such is closer aligned to the general ethnic profile of the older population in Southwark.

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Ethnicity																			
Asian					Black or Black British		White			Mixed				Arab	Other		Total		
Other Asian					African	Caribbean	Other Black background	British	Irish	Gypsy/Irish Traveller	Other white Background	White & Asian	White & Black African	White & Black Caribbean	Other mixed background	Arab	Other Ethnic Group	Prefer not to say	
					2	2	2	8	4		2						1	3	24
Chinese																			
Pakistani																			
Indian																			
Bangladeshi																			

Primrose Dementia Cafe:

There had been a single memory café, but due to increasing demand and the necessity to ensure that the support was available in both Local Care Network areas, the Alzheimer's Society opened a second "Primrose" dementia café in the autumn of 2017.

The Primrose Café is located at Time and Talent Community Centre, Rotherhithe. It provides a bi-weekly meeting place for people with dementia, their family, friends and carers prioritising the provision of information and advice in all areas affected by dementia. The group provides a varied programme of information provision coupled with related activities to promote the learning and understanding of the subject matter. (For example the benefits of life-story work and reminiscence were explored). The programme of events is planned with the involvement of the members of the Group and supported by partner organisations like Southwark Council Library Archives (Surry Quays) focusing on issues such as the dockyard heritage of the area and the café members involvement in it.

The café currently has 9 active and regular members, with a younger profile than the support service.

55-64	65-74	75-84	85+	Not known	Total
1	1	3	1	3	9

The ethnic profile of this group differs to the Daffodil Café, and is currently 40% white and 60% as yet not recorded. The Alzheimer's Society will undertake further outreach amongst the BME population in the area as part of the approach to develop this second dementia café in Southwark.

Dementia Action Alliance (DAA)

The DAA in Southwark is closely linked with the Council's Age Friendly Borough (Fairer Promises 10) agenda and the Council's achievement of being awarded Age Friendly City status by the World Health Organisation in 2015. The DAA bring together local organisations and bodies to improve the lives of people with dementia in Southwark. Members include the local authority, NHS acute providers, community sector organisations such as Age UK, Wheels for Well being, arts organisations such as Dulwich Picture Gallery, The Picture House, private sector care providers (Home In Stead) and commercial and retail organisations (Surrey Quays shopping centre) the DAA has also established a network of partners who support its work (For example Millwall FC) It is currently establishing links with faith based organisations and groups specifically supporting people from BME communities. The local DAA also works on pan London initiatives on issues such as public transport. The DAA was one of three finalist in the 2017 National Dementia Awards under the "Urban Dementia Friendly Community" category.

The Alzheimer's Society employs a part time DAA coordinator who works with volunteers and DAA members. Examples of recent activities include walking football sessions (Millwall FC) Dementia Friendly Screenings (Dulwich Picturehouse) A High St blitz event at Elephant and Castle, following successful blitzes of Lordship Lane, Walworth Road and Surrey Quays shopping centre. (These being to support small retailers to become more dementia aware). The DAA have produced and updated a "Dementia Friendly Getting Out and About Guide" that was widely circulated during Dementia Awareness Week 2017, and will be the main focus of activities on behalf of the Council for Dementia Awareness week in May 2018.

A significant part of the DAA is to provide outreach within the wider community. In quarter 3 the DAA had stalls /provided information at 32 different community events in Southwark through which they engaged with 91 different people living with dementia plus approximately 210 members of the public, in relation to dementia friendly activities, services and institutions.